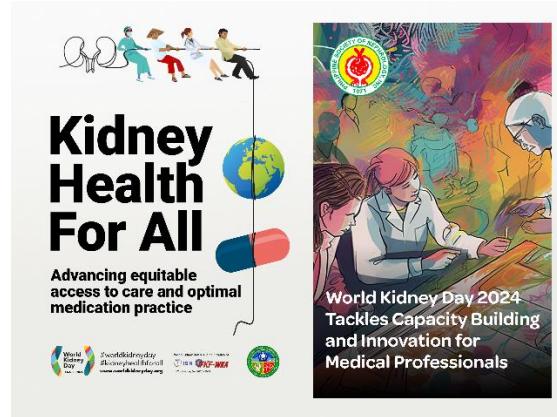




WORLD KIDNEY DAY 2024 TACKLES CAPACITY BUILDING AND INNOVATION FOR MEDICAL PROFESSIONALS



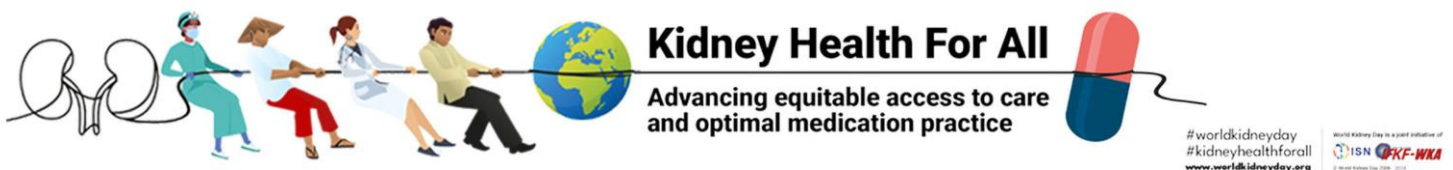
The burden of kidney disease continue to sweep the nation and the world. Chronic Kidney disease occurs when the kidneys develop damage overtime and can no longer function to its full capacity. As of writing, the most common cause are Diabetes Mellitus and Hypertension accounting to more than 75% of cases. It is noteworthy that Chronic Kidney Disease is a lifetime disease and may worsen overtime eventually leading to kidney failure.

Chronic Kidney disease is still one of the leading cause of hospitalization and death in the Philippines. Currently there are only 1150 Nephrologist or Kidney specialists in the country and according to the latest statistics, 2.3M Filipinos are estimated to have chronic kidney disease, and one Filipino every hour ends up having kidney failure or needing dialysis.

The increasing number of CKDs have become an urgent national concern due to the burden of the disease and high cost of care. Hence, the department of Health drafted the Chronic Kidney disease prevention and control program which aims to reinforce strategies for the prevention and control of CKDs such as lifestyle disease prevention, facilitation of early detection and evaluation, and proper disease management for people with Chronic Kidney Disease.

To head this challenge head on, the Philippine Society of Nephrology in partnership with the Department of Health and Local Government Units aims to help empower and train primary healthcare physician and even barangay health workers in promoting Kidney health and Kidney Disease prevention, early detection and control.

Comprehensive training programs for primary care physicians, nurses, and community health workers can provide them the necessary skills to effectively diagnose and slow down disease progression of chronic kidney disease. Staying up-to-date with the latest advancements in Chronic Kidney Disease (CKD) management is essential through education and adherence to clinical practice guidelines. Healthcare professionals must promote lifestyle modifications and monitor treatment adherence for optimal care. The use of statistically proven management, of both





pharmacologic and nonpharmacologic avenues can help in the management of these cases. Integrating new medications and modalities into clinical practice enhances patient outcomes.

World Kidney Day aims to uphold effective communication not only between the Nephrologist and the patient, but between the aforementioned, as well as the primary care physician, patient partners, caregivers and the policy makers/ governing bodies. By fostering an open dialogue, we can foster a comprehensive and inclusive healthcare for our renal patients. Building strong relationships and treating patients with empathy greatly impact their emotional well-being and overall treatment experience.

Every year, numerous organizations and individuals launch various initiatives and events to raise awareness about kidney disease. In the Philippines, World Kidney Day is organized annually by the Philippine Society of Nephrology (PSN) and for the upcoming World Kidney Day 2024, the Philippine Society of Nephrology Central Luzon Chapter has been nominated as the champion and master of ceremonies for the event.

NOW IS THE TIME TO ACT!

Be a part of the World Kidney Day 2024 on March 14, 2024 and learn from key medical resource speakers talk about the current clinical practice guidelines in kidney care. Be updated with the latest innovations regarding recognition, diagnosis and management with emphasis on disease progression prevention.

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Kidney Health For All

Advancing equitable access to care
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